Need an appointment with a primary care provider?
Here’s how to set up an appointment with a Presbyterian Medical Group (PMG) provider.

New Patients – If you are a new patient living in Albuquerque, Belen, Los Lunas, Rio Rancho or Santa Fe and you need to make a primary care appointment, please call 1-844-PRES DOC (773-7362), Monday through Friday, 8 a.m. to 5 p.m.

If you are a new patient living in the Española, Socorro, Ruidoso, Clovis or Tucumcari areas, please call the provider’s office directly to schedule an appointment. You can find providers’ contact information by visiting the PMG Provider Directory at www.PMGdirectory.phs.org.

Existing Patients – If you already have a primary care provider, please call your provider’s office directly to schedule an appointment. You can find your provider’s contact information by visiting the PMG Provider Directory at www.PMGdirectory.phs.org.

Specialty Care
We offer care in over 50 medical specialties throughout New Mexico. To find a specialist, please visit the PMG Provider Directory at www.PMGdirectory.phs.org. Appointments for specialists can be made by calling the provider’s office directly.

Have you activated your MyChart account?
As a PMG patient, you have secure online access to your electronic health records when you activate your MyChart account. You can also send messages to your care team, view test results, request prescription renewals, schedule or request an appointment with your provider, and pay your doctor or hospital bills. To manage your family's healthcare while on the go, you can also download the mobile app. To learn more and activate your account, visit www.phs.org/mychart.

Patient Rights
As a patient of a Presbyterian Healthcare Services facility, you have rights and responsibilities. You may learn about these at www.phs.org/PatientRights.

Need help paying your medical bill?
If you are uninsured or underinsured, and have difficulty paying for care, Presbyterian offers financial assistance, counselors, and a variety of payment options, including payment plans for those patients who qualify.

How to apply for financial assistance
For financial assistance, you may fill out an application and learn more about this assistance at www.phs.org/FinancialAssistance. You may also visit the nearest Presbyterian facility and speak with a patient service representative. Or you may call us at (505) 923-6600 or toll-free at 1-800-251-9292.

Insurances Accepted
PMG accepts many insurances. Your health plan is the best source to help you understand your covered services and providers. The contact number is usually found on your Member ID card.

Note: If you are a member of the Presbyterian Health Plan, the complete Provider Network Directory can be found at www.PHS.org/PHPproviderdirectory.

Important Crisis Phone Numbers
911 – For police, fire or medical emergency service. Please use ONLY in an emergency.

American Association of Poison Control Centers
1-800-222-1222
www.aapcc.org

New Mexico Suicide Prevention Hotline
1-866-HELP-1-NM (435-7166)

Domestic Violence Resource Center (DVRC)
www.dvrcnm.org
(505) 248-3165
If you are in danger – call 911.

Presbyterian exists to improve the health of the patients, members and communities we serve.
Urgent or Emergency Care

Sometimes you’re not sure of the best place to get the care you need. Here are some guidelines to help you make that decision. If you have a medical emergency, call 911 or the emergency number in your area, or go to the nearest emergency department.

Choose urgent care for conditions such as:
- Sprains and strains
- Sore throats, coughs, colds, or the flu
- Ear infections, sinus infections
- Allergy flare-ups
- Mild asthma
- Minor broken bones, such as a finger
- Minor cuts that may need stitches
- Nausea

Choose the emergency department for conditions such as:
- Chest pain
- Any sudden or severe pain
- Difficulty breathing
- Head injuries
- Sudden changes in vision
- Difficulty speaking
- Sudden confusion or dizziness
- Suicidal feelings
- Coughing up or throwing up blood
- Major broken bones, such as a leg
- Severe diarrhea or throwing up
- Severe bleeding
- Abdominal pain
PMG Urgent Care Locations
For urgent care hours, visit www.phs.org/urgentcare.

ALBUQUERQUE
PMG Pediatric Urgent Care at Presbyterian Hospital
(South side of the hospital facing Silver Ave)
1100 Central Ave SE, Albuquerque, NM 87106
(505) 841-1819

PMG Urgent Care on Paradise
4588 Paradise Blvd NW, Albuquerque, NM 87114

PMG Urgent Care on Atrisco
3901 Atrisco Dr NW, Albuquerque, NM 87120
(505) 462-7575

PMG Urgent Care on Carmel
7920 Carmel Ave NE, Albuquerque, NM 87122
(505) 253-4789

PMG Urgent Care on Harper
5901 Harper Dr NE, Albuquerque, NM 87109
(505) 823-8888

PMG Urgent Care on Isleta
3436 Isleta Blvd SW, Albuquerque, NM 87105
(505) 462-7777

BELEN
PMG Urgent Care in Belen
609 S Christopher Rd, Belen, NM 87002
(505) 864-5454

RIO RANCHO
PMG Urgent Care in Rio Rancho
4100 High Resort Blvd SE, Rio Rancho, NM 87124
(505) 462-8888

SANTA FE
PMG Urgent Care in Santa Fe
454 St. Michael’s Dr, Santa Fe, NM 87505
(505) 473-0390

CLOVIS
PMG Same Day Care Clinic
2200 W 21st St, Clovis, NM 88101
(575) 769-7577

ESPAÑOLA
PMG Same Day Care Clinic
1010 Spruce St, Española, NM 87532
(505) 367-0340

Emergency Department Locations

ALBUQUERQUE
Presbyterian Hospital
1100 Central Ave SE, Albuquerque, NM 87106
(505) 841-1234

Presbyterian Kaseman Hospital
8300 Constitution Ave NE, Albuquerque, NM 87110
(505) 291-2000

CLOVIS
Plains Regional Medical Center
2100 N. Martin Luther King, Jr. Blvd, Clovis, NM 88101
(575) 769-2141

ESPAÑOLA
Presbyterian Española Hospital
1010 Spruce St, Española, NM 87532
(505) 753-7111

RIO RANCHO
Presbyterian Rust Medical Center
2400 Unser Blvd SE, Rio Rancho, NM 87124
(505) 253-7878

RUIDOSO
Lincoln County Medical Center
211 Sudderth Dr, Ruidoso, NM 88345
(575) 257-8200

SOCORRO
Socorro General Hospital
1202 Highway 60 West, Socorro, NM 88081
(575) 835-1140

TUCUMCARI
Dr. Dan C. Trigg Memorial Hospital
301 E. Miel de Luna, Tucumcari, NM 88401
(575) 461-7000
# Table of Contents

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Obstetrics and Gynecology

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<td><strong>Kristin S Henningsen-Schwarz, CNM</strong></td>
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<tr>
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|                         |                            |                          |                         |                         |                         |                         |                         |                         |                         |                         |                         |                         |                         |                         |                          |                          |                         |                         |                         |                         |                         |
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**R (cont.)**

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Monday, August 12, 2019  

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